

every moment.

GRIEF SUPPORT GROUPS

offering support to those who are facing the challenges and opportunities after the loss of their spouse or partner

Threshold ↑ Portals



Threshold

WHEN

January 16, 23, 30 and Feb. 6, 2018
April 17, 24, May 1 and 15, 2018
Sept. 4, 18, 25 and Oct. 2, 2018
7:00–8:30 p.m.

WHERE

University City, MO

Portals

WHEN

April 5, 12, 26 and May 3, 2018
Sept. 6, 13, 27 and Oct. 4, 2018
1:00–2:30 p.m.

WHERE

St. Peters, MO

WHAT

Threshold and Portals support groups are led by grief counselors and offer support to those who are confronting the challenges and opportunities after the death of a spouse or partner.

Core groups of four weekly sessions are offered multiple times each year. Ongoing monthly groups are available after completion of a core group.

Threshold and Portals, available at no cost to participants, is open to anyone who has lost a spouse or partner, not only those served by BJC Hospice.